

Catherine Price has been working as a registered nurse for 14 years with experience in a variety of settings



including medical, surgical, training and specialist roles. She has been trained in safeguarding and DBS checked.

All nurses are regulated by the Nursing and Midwifery Council and work under its code of practice. If you would like to know more about this, please ask Catherine.

One aspect of this is a Code of Confidentiality, which means anything you tell your parish nurse will be kept private, unless you are being harmed, or are harming someone else. Any written information held about you will be kept locked away.

Although your parish nurse is supported by the church, the details held for you for your care will not appear on any database or mailing list that the church may use.

## Contact details

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[www.cambournechurch.org.uk](http://www.cambournechurch.org.uk)

For more information about Parish Nursing please see:

[www.parishnursing.org.uk](http://www.parishnursing.org.uk)

We have received support from the



Cambridgeshire  
Community  
Foundation



Cambourne Parish  
Nursing Service



## Parish Nursing



## Whole Person Healthcare Through Cambourne Church

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Parish Nursing  
Ministries UK

## Parish Nursing

Parish Nursing can be found in 27 countries across the world. Within the UK there are around 100 Parish Nurses each working out of a church with a team of volunteers to run various projects. These include physical activity groups, healthy eating projects and support groups for the isolated or those living with specific health issues. Parish Nursing is a free service open to all, of any faith and none.

One of the main advantages of Parish Nursing is *time*. This could be for supporting individuals who need time to understand a new medication or a new diagnosis or in anticipation of medical investigations, or just need time to talk.



### What a Parish Nurse can do

- Listen to concerns affecting any aspect of health or wellbeing
- Encourage healthy lifestyles
- Help people engage with support and access services which will improve their health and wellbeing
- Blood pressure checks
- Weight and BMI checks
- Talk through new or changes in health conditions or medication
- Liaise with other health care providers
- Issue Food bank vouchers
- Meet with people and listen to physical, emotional and spiritual needs and pray with people if asked to do so

### What a Parish Nurse cannot do

- Give injections
- Apply dressings
- Give advice beyond that for which she has been trained
- Put pressure on anyone to change their beliefs or join a church

Parish Nursing is not an emergency service or replacement for the NHS but can provide additional support to that already available through public sector healthcare.



If you have an acute illness please contact your GP or ring NHS Direct on 111 for advice.